

MOBILE MEALS/BEHAVIORAL HEALTH / SPRING MENU / WEEK 3

	REGULAR		DIABETIC		NAS		DIABETIC NAS	
M O N D A Y	Cheese Ravioli	5	Cheese Ravioli	5	Cheese Ravioli	5	Cheese Ravioli	5
	Marinara	½ c	Marinara	½ c	Marinara	½ c	Marinara	½ c
	Italian Greenbeans & Mushrooms	½ c	Italian Greenbeans & Mushrooms	½ c	Italian Greenbeans & Mushrooms	½ c	Italian Greenbeans & Mushrooms	½ c
	Corn Nuggets	6	Corn Nuggets	6	Corn Nuggets	6	Corn Nuggets	6
	Gelatin Jewels	1	LC Gelatin Jewels	1	Gelatin Jewels	1	LC Gelatin Jewels	1
	Egg Salad//Bun	¼ C	Egg Salad//Bun	¼ C	Egg Salad//Bun	¼ C	Egg Salad//Bun	¼ C
	Mixed Fruit	1	Mixed Fruit	1	Mixed Fruit	1	Mixed Fruit	1
	Applesauce	1	Applesauce	1	Applesauce	1	Applesauce	1
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2
T U E S D A Y	Chicken Stir Fry	3oz	Chicken Stir Fry	3oz	Chicken Stir Fry	3oz	Chicken Stir Fry	3oz
	Fluffy Rice	½ c	Fluffy Rice	½ c	Fluffy Rice	½ c	Fluffy Rice	½ c
	Broccoli Florets	½ c	Broccoli Florets	½ c	Broccoli Florets	½ c	Broccoli Florets	½ c
	Mandarin Oranges	1	Mandarin Oranges	1	Mandarin Oranges	1	Mandarin Oranges	1
	Choc Chip Cookies	2	Choc Chip Cookies	2	Choc Chip Cookies	2	Choc Chip Cookies	2
	Turkey/Bun	2oz	Turkey/Bun	2oz	Turkey/Bun	2oz	Turkey/Bun	2oz
	Banana	1	Banana	1	Banana	1	Banana	1
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2
W E D N E S D A Y	Stuffed Cabbage	3 oz	Stuffed Cabbage	3 oz	Stuffed Cabbage	3 oz	Stuffed Cabbage	3 oz
	Whipped Potatoes	½ c	Whipped Potatoes	½ c	Whipped Potatoes	½ c	Whipped Potatoes	½ c
	Mixed Vegetables	½ c	Mixed Vegetables	½ c	Mixed Vegetables	½ c	Mixed Vegetables	½ c
	Grapes	15	Grapes	15	Grapes	15	Grapes	15
	Vanilla Pudding	1	Vanilla Pudding	1	Vanilla Pudding	1	Vanilla Pudding	1
	Ham/Swiss/Bun	2/1	Ham/Swiss/Bun	2/1	Ham/Swiss/Bun	2/1	Ham/Swiss/Bun	2/1
	Applesauce	2oz	Applesauce	2oz	Applesauce	2oz	Applesauce	2oz
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2
T H U R S D A Y	Tuna Noddle Casserole	3oz	Tuna Noddle Casserole	3oz	Tuna Noddle Casserole	3oz	Tuna Noddle Casserole	3oz
	Rst Brussel Sprouts & Carrots	½ c	Rst Brussel Sprouts & Carrots	½ c	Rst Brussel Sprouts & Carrots	½ c	Rst Brussel Sprouts & Carrots	½ c
	Mixed Fruit	1	Mixed Fruit	1	Mixed Fruit	1	Mixed Fruit	1
	Sugar Cookies	2	Sugar Cookies	2	Sugar Cookies	2	Sugar Cookies	2
	Salami/Bun	2oz	Salami/Bun	2oz	Salami/Bun	2oz	Salami/Bun	2oz
	Orange	1	Orange	1	Orange	1	Orange	1
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2
	F R I D A Y	Swedish Meatballs	4-1oz	Swedish Meatballs	4-1oz	Swedish Meatballs	4-1oz	Swedish Meatballs
Fluffy Noodles		½ c	Fluffy Noodles	½ c	Fluffy Noodles	½ c	Fluffy Noodles	½ c
Glazed Carrots		½ c	Glazed Carrots	½ c	Glazed Carrots	½ c	Glazed Carrots	½ c
Chocolate Pudding		1	LC Choc Pudding	1	LC Choc Pudding	1	LC Choc Pudding	1
Chix Salad/Bun		½ c	Chix Salad/Bun	½ c	Chix Salad/Bun	½ c	Chix Salad/Bun	½ c
Grapes		15	Grapes	15	Grapes	15	Grapes	15
2% Milk		2	2% Milk	2	2% Milk	2	2% Milk	2