

MOBILE MEALS/BEHAVIORAL HEALTH / SPRING MENU / WEEK 2

	REGULAR		DIABETIC		NAS		DIABETIC NAS	
M O N D A Y	Fried Chicken	1	Fried Chicken	1	Fried Chicken	1	Fried Chicken	1
	Mashed Potatoes	½ c	Mashed Potatoes	½ c	Mashed Potatoes	½ c	Mashed Potatoes	½ c
	Broccoli Florets	½ c	Broccoli Florets	½ c	Broccoli Florets	½ c	Broccoli Florets	½ c
	Mandarin Oranges	1	Mandarin Oranges	1	Mandarin Oranges	1	Mandarin Oranges	1
	Vanilla Pudding	1	LC Van Pudding	1	Vanilla Pudding	1	LC Van Pudding	1
	Egg Salad/Bun	¼ c	Egg Salad/Bun	¼ c	Egg Salad/Bun	¼ c	Egg Salad/Bun	¼ c
	Applesauce	1	Applesauce	1	Applesauce	1	Applesauce	1
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2
T U E S D A Y	Sausage, Pepper, Onion	1	Sausage, Pepper, Onion	1	Sausage, Pepper, Onion	1	Sausage, Pepper, Onion	1
	Buttered Potatoes	½ c	Buttered Potatoes	½ c	Buttered Potatoes	½ c	Buttered Potatoes	½ c
	Roasted Carrots	½ c	Roasted Carrots	½ c	Roasted Carrots	½ c	Roasted Carrots	½ c
	Mixed Fruit	½ c	Mixed Fruit	½ c	Mixed Fruit	½ c	Mixed Fruit	½ c
	Sugar Cookies	2	Sugar Cookies	2	Sugar Cookies	2	Sugar Cookies	2
	Turkey/Bun	¼ c	Turkey/Bun	¼ c	Turkey/Bun	¼ c	Turkey/Bun	¼ c
	Grapes	2oz	Grapes	2oz	Grapes	2oz	Grapes	2oz
	2% Milk	15	2% Milk	15	2% Milk	15	2% Milk	15
W E D N E S D A Y	Chicken Tenders	3	Chicken Tenders	3	Chicken Tenders	3	Chicken Tenders	3
	Tater Tots	½ c	Tater Tots	½ c	Tater Tots	½ c	Tater Tots	½ c
	Vegetable Medley	½ c	Vegetable Medley	½ c	Vegetable Medley	½ c	Vegetable Medley	½ c
	Orange	1	Orange	1	Orange	1	Orange	1
	Tuna Salad/Bun	½ c	Tuna Salad/Bun	½ c	Tuna Salad/Bun	½ c	Tuna Salad/Bun	½ c
	Applesauce	1	Applesauce	1	Applesauce	1	Applesauce	1
	Gelatin	1	LC Gelatin	1	Gelatin	1	LC Gelatin	1
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2
T H U R S D A Y	Meatloaf	3 oz	Meatloaf	3 oz	Meatloaf	3 oz	Meatloaf	3 oz
	Mashed Potatoes	½ c	Mashed Potatoes	½ c	Mashed Potatoes	½ c	Mashed Potatoes	½ c
	Green Bean	½ c	Green Bean	½ c	Green Bean	½ c	Green Bean	½ c
	Casserole		Casserole		Casserole		Casserole	
	Mandarin Oranges	1	Mandarin Oranges	1	Mandarin Oranges	1	Mandarin Oranges	1
	Choc Chip Cookies	2	Choc Chip Cookies	2	Choc Chip Cookies	2	Choc Chip Cookies	2
	Ham/Swiss/Bun	2/1oz	Ham/Swiss/Bun	2/1oz	Ham/Swiss/Bun	2/1oz	Ham/Swiss/Bun	2/1oz
	Banana	1	Banana	1	Banana	1	Banana	1
2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2	
F R I D A Y	Pierogis, Onions, Kielbasa	3	Pierogis, Onions, Kielbasa	3	Pierogis, Onions, Kielbasa	3	Pierogis, Onions, Kielbasa	3
	Carrot Coins	½ c	Carrot Coins	½ c	Carrot Coins	½ c	Carrot Coins	½ c
	Chocolate Pudding	1	Chocolate Pudding	1	Chocolate Pudding	1	Chocolate Pudding	1
	Applesauce	1	Applesauce	1	Applesauce	1	Applesauce	1
	Turkey/Bun	2 oz	Turkey/Bun	2 oz	Turkey/Bun	2 oz	Turkey/Bun	2 oz
	Mixed Fruit	1	Mixed Fruit	1	Mixed Fruit	1	Mixed Fruit	1
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2