

**MOBILE MEALS/BEHAVIORAL HEALTH / SPRING MENU / WEEK 3**

	<b>REGULAR</b>		<b>DIABETIC</b>		<b>NAS</b>		<b>DIABETIC NAS</b>	
<b>M O N D A Y</b>	Jerk Chicken Pasta	2scp	Jerk Chicken Pasta	2scp	Jerk Chicken Pasta	2scp	Jerk Chicken Pasta	2scp
	Orange	1	Orange	1	Orange	1	Orange	1
	Dinner Roll	1	Dinner Roll	1	Dinner Roll	1	Dinner Roll	1
	Tossed Salad	1 C	Tossed Salad	1 C	Tossed Salad	1 C	Tossed Salad	1 C
	Italian Dressing	1pk	LC Italian Dressing	1pk	Italian Dressing	1pk	LC Italian Dressing	1pk
	Gelatin Jewels	½ c	LC Gelatin Jewels	½ c	Gelatin Jewels	½ c	LC Gelatin Jewels	½ c
	Egg Salad//Bun	¼ C	Egg Salad//Bun	¼ C	Egg Salad//Bun	¼ C	Egg Salad//Bun	¼ C
	Tropical Fruit	½ C	Tropical Fruit	½ C	Tropical Fruit	½ C	Tropical Fruit	½ C
2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2	
<b>T U E S D A Y</b>	Breaded Pork Chop	3oz	Breaded Pork Chop	3oz	Breaded Pork Chop	3oz	Breaded Pork Chop	3oz
	Au Gratin Potatoes	½ C	Au Gratin Potatoes	½ C	Au Gratin Potatoes	½ C	Au Gratin Potatoes	½ C
	Green Beans	½ c	Green Beans	½ c	Green Beans	½ c	Green Beans	½ c
	Fruited Gelatin	½ c	LC Fruited Gelatin	½ c	Fruited Gelatin	½ c	LC Fruited Gelatin	½ c
	Choc Chip Cookies	2	Choc Chip Cookies	1	Choc Chip Cookies	2	Choc Chip Cookies	1
	Turkey/Bun	2 oz	Turkey/Bun	2 oz	Turkey/Bun	2 oz	Turkey/Bun	2 oz
	Mixed Fruit	½ c	Mixed Fruit	½ c	Mixed Fruit	½ c	Mixed Fruit	½ c
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2
<b>W E D N E S D A Y</b>	Homestyle Turkey	3 oz	Homestyle Turkey	3 oz	Homestyle Turkey	3 oz	Homestyle Turkey	3 oz
	Gravy		Gravy		Gravy		Gravy	
	Whipped Potatoes	½ c	Whipped Potatoes	½ c	Whipped Potatoes	½ c	Whipped Potatoes	½ c
	Peas	½ c	Peas	½ c	Peas	½ c	Peas	½ c
	Banana	1	Banana	1	Banana	1	Banana	1
	Vanilla Pudding	½ c	LC Van Pudding	½ c	Vanilla Pudding	½ c	LC Van Pudding	½ c
	Ham/Swiss/Bun	2oz	Ham/Swiss/Bun	2oz	Ham/Swiss/Bun	2oz	Ham/Swiss/Bun	2oz
	Fruit	½ c	Fruit	½ c	Fruit	½ c	Fruit	½ c
2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2	
<b>T H U R S D A Y</b>	Salisbury Steak	3oz	Salisbury Steak	3oz	Salisbury Steak	3oz	Salisbury Steak	3oz
	Fluffy Noodles	½ c	Fluffy Noodles	½ c	Fluffy Noodles	½ c	Fluffy Noodles	½ c
	Gravy		Gravy		Gravy		Gravy	
	Mixed Vegetables	½ c	Mixed Vegetables	½ c	Mixed Vegetables	½ c	Mixed Vegetables	½ c
	Peaches	½ c	Peaches	½ c	Peaches	½ c	Peaches	½ c
	Sugar Cookies	2	Sugar Cookies	2	Sugar Cookies	2	Sugar Cookies	2
	Salami/Bun	2oz	Salami/Bun	2oz	Salami/Bun	2oz	Salami/Bun	2oz
	Applesauce	½ c	Applesauce	½ C	Applesauce	½ C	Applesauce	½ C
2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2	
<b>F R I D A Y</b>	Pulled Pork	1scp	Pulled Pork	1scp	Pulled Pork	1scp	Pulled Pork	1scp
	Bun	1	Bun	1	Bun	1	Bun	1
	Steak Fries	10	Steak Fries	10	Steak Fries	10	Steak Fries	10
	Coleslaw	½ c	Coleslaw	½ c	Coleslaw	½ c	Coleslaw	½ c
	Chocolate Pudding	½ c	LC Choc Pudding	½ c	Chocolate Pudding	½ c	LC Choc Pudding	½ c
	Chix Salad/Bun	¼ c	Chix Salad/Bun	¼ c	Chix Salad/Bun	¼ c	Chix Salad/Bun	¼ c
	Grapes	15	Grapes	15	Grapes	15	Grapes	15
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2

**Carbohydrate Foods**