

MOBILE MEALS/BEHAVIORAL HEALTH / SPRING MENU / WEEK 5

	REGULAR		DIABETIC		NAS		DIABETIC NAS	
M O N D A Y	Philly Cheesesteak Casserole	2 scp	Philly Cheesesteak Casserole	3oz	Philly Cheesesteak Casserole	3oz	Philly Cheesesteak Casserole	3oz
	Capri Vegetables	½ c	Capri Vegetables	½ c	Capri Vegetables	½ c	Capri Vegetables	½ c
	Gelatin	1	LC Gelatin	1	Gelatin	1	LC Gelatin	1
	Lorna Doone	1	Lorna Doone	1	Lorna Doone	1	Lorna Doone	1
	Egg Salad//Bun	¼ C	Egg Salad//Bun	¼ C	Egg Salad//Bun	¼ C	Egg Salad//Bun	¼ C
	Mixed Fruit	1	Mixed Fruit	1	Mixed Fruit	1	Mixed Fruit	1
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2
T U E S D A Y	Panko Chicken	3oz	Panko Chicken	3oz	Panko Chicken	3oz	Panko Chicken	3oz
	Roasted Vegetables	½ c	Roasted Vegetables		Roasted Vegetables		Roasted Vegetables	
	Scalloped Potatoes	½ c	Scalloped Potatoes	½ c	Scalloped Potatoes	½ c	Scalloped Potatoes	½ c
	Applesauce	1	Applesauce	½ c	Applesauce	½ c	Applesauce	½ c
	Choc Chip Cookies	2	Choc Chip Cookies	1	Choc Chip Cookies	2	Choc Chip Cookies	1
	Turkey/Bun	2 oz	Turkey/Bun	2 oz	Turkey/Bun	2 oz	Turkey/Bun	2 oz
	Orange	1	Orange	½ c	Orange	½ c	Orange	½ c
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2
W E D N E S D A Y	Meatloaf	3 oz	Meatloaf	3 oz	Meatloaf	3 oz	Meatloaf	3 oz
	Mashed Potatoes	½ c	Mashed Potatoes	½ c	Mashed Potatoes	½ c	Mashed Potatoes	½ c
	California Medley	½ c	California Medley	½ c	California Medley	½ c	California Medley	½ c
	Banana	1	Banana	1	Banana	1	Banana	1
	Vanilla Pudding	1	LC Van Pudding	1	Vanilla Pudding	1	LC Van Pudding	1
	Ham/Swiss/Bun	2/1	Ham/Swiss/Bun	2/1	Ham/Swiss/Bun	2/1	Ham/Swiss/Bun	2/1
	Mandarin Oranges	1	Mandarin Oranges	1	Mandarin Oranges	1	Mandarin Oranges	1
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2
T H U R S D A Y	Roast Pork Loin	3 oz	Roast Pork Loin	3 oz	Roast Pork Loin	3 oz	Roast Pork Loin	3 oz
	Mixed Vegetales	½ c	Mixed Vegetables	½ c	Mixed Vegetables	½ c	Mixed Vegetables	½ c
	Rice Pilaf	½ c	Rice Pilaf	½ c	Rice Pilaf	½ c	Rice Pilaf	½ c
	Gelatin	1	LC Gelatin	1	Gelatin	1	LC Gelatin	1
	Choc Chip Cookies	1	Choc Chip Cookies	1	Choc Chip Cookies	1	Choc Chip Cookies	1
	Salami/Bun	2oz	Salami/Bun	2oz	Salami/Bun	2oz	Salami/Bun	2oz
	Grapes	15	Grapes	15	Grapes	15	Grapes	15
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2
F R I D A Y	Macaroni & Cheese	2 scp	Macaroni & Cheese	2 Scp	Macaroni & Cheese	2 Scp	Macaroni & Cheese	2 Scp
	Green Beans	½ c	Green Beans	½ c	Green Beans	½ c	Green Beans	½ c
	Chocolate Pudding	1	LC Choc Pudding	1	Chocolate Pudding	1	LC Choc Pudding	1
	Applesauce	1	Applesauce	1	Applesauce	1	Applesauce	1
	Turkey/Bun	2 oz	Turkey/Bun	2 oz	Turkey/Bun	2 oz	Turkey/Bun	2 oz
	Mixed Fruit	1	Mixed Fruit	1	Mixed Fruit	1	Mixed Fruit	1
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2