

**MOBILE MEALS/BEHAVIORAL HEALTH / SPRING MENU / WEEK 4**

	REGULAR		DIABETIC		NAS		DIABETIC NAS	
<b>M O N D A Y</b>	Stuffed Pork Loin	3oz	Stuffed Pork Loin	3oz	Stuffed Pork Loin	3oz	Stuffed Pork Loin	3oz
	Prince Edward Veg	½ c	Prince Edward Veg	½ c	Prince Edward Veg	½ c	Prince Edward Veg	½ c
	Whipped Potato	½ c	Whipped Potato	½ c	Whipped Potato	½ c	Whipped Potato	½ c
	Gravy		Gravy		Gravy		Gravy	
	Chocolate Pudding	1	LC Choc Pudding	1	Chocolate Pudding	1	LC Choc Pudding	1
	Applesauce	1	Applesauce	1	Applesauce	1	Applesauce	1
	Turkey/Bun	2oz	Turkey/Bun	2oz	Turkey/Bun	2oz	Turkey/Bun	2oz
	Mixed Fruit		Mixed Fruit		Mixed Fruit		Mixed Fruit	
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2
<b>T U E S D A Y</b>	Beef Stew	3oz	Beef Stew	3oz	Beef Stew	3oz	Beef Stew	3oz
	Biscuit	1	Biscuit	1	Biscuit	1	Biscuit	1
	Roasted Vegetables	½ c	Roasted Vegetables	½ c	Roasted Vegetables	½ c	Roasted Vegetables	½ c
	Banana	1	Banana	1	Banana	1	Banana	1
	Vanilla Pudding	1	Vanilla Pudding	1	Vanilla Pudding	1	Vanilla Pudding	1
	Ham/Swiss/Bun	2oz	Ham/Swiss/Bun	2oz	Ham/Swiss/Bun	2oz	Ham/Swiss/Bun	2oz
	Mandarin Oranges	1	Mandarin Oranges	1	Mandarin Oranges	1	Mandarin Oranges	1
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2
<b>W E D N E S D A Y</b>	Turkey	3oz	Turkey	3oz	Turkey	3oz	Turkey	3 oz
	Smashed Redskins	½ c	Smashed Redskins	½ c	Smashed Redskins	½ c	Smashed Redskins	½ c
	Gravy		Gravy		Gravy		Gravy	
	Garden Peas	½ C	Garden Peas	½ C	Garden Peas	½ C	Garden Peas	½ C
	Grapes	15	Grapes	15	Grapes	15	Grapes	15
	Chicken Salad/Bun	¼ C	Chicken Salad/Bun	¼ C	Chicken Salad/Bun	¼ C	Chicken Salad/Bun	¼ C
	Gelatin	1	LC Gelatin	1	LC Gelatin	1	LC Gelatin	1
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2
<b>T H U R S D A Y</b>	Salisbury Steak	3oz	Salisbury Steak	3oz	Salisbury Steak	3oz	Salisbury Steak	3oz
	Fluffy Noodles	½ C	Fluffy Noodles	½ C	Fluffy Noodles	½ C	Fluffy Noodles	½ C
	Mixed Vegetable	½ c	Mixed Vegetable	½ c	Mixed Vegetable	½ c	Mixed Vegetable	½ c
	Mixed Fruit	1	Mixed Fruit	1	Mixed Fruit	1	Mixed Fruit	1
	Choc. Chip Cookie	2	Choc. Chip Cookie	2	Choc. Chip Cookie	2	Choc. Chip Cookie	2
	Egg Salad/Bun	¼ c	Egg Salad/Bun	¼ c	Egg Salad/Bun	¼ c	Egg Salad/Bun	¼ c
	Applesauce	1	Applesauce	1	Applesauce	1	Applesauce	1
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2
<b>F R I D A Y</b>	Butter Crumb Fish	3 oz	Butter Crumb Fish	3 oz	Butter Crumb Fish	3 oz	Butter Crumb Fish	3 oz
	Green Bean	½ c	Green Bean	½ c	Green Bean	½ c	Green Bean	½ c
	Almondine		Almondine		Almondine		Almondine	
	Pierogies w/ onion	2	Pierogies w/ onion	2	Pierogies w/ onion	2	Pierogies w/ onion	2
	Grapes	15	Grapes	15	Grapes	15	Grapes	15
	Chocolate Pudding	1	LC Choc Pudding	1	Chocolate Pudding	1	LC Choc Pudding	1
	Orange	1	Orange	1	Orange	1	Orange	1
	Chick Salad/Bun	¼ c	Chick Salad/Bun	¼ c	Chick Salad/Bun	¼ c	Chick Salad/Bun	¼ c
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2